

DISCHARGE QUESTIONS FOR PARENTS TO ASK

Your child is all set to return home after their hospital stay! To make sure you're fully prepared to support them, here are some handy questions to ask before you leave the hospital

MEDICATION

Does my child need any medicine when they are at home? (Think about pain relief, antibiotics. Do you need to order more from the GP? How and when should your child take them?)

WOUNDS

Does my child have a wound that requires dressing? (Will they be referred to someone to redress the wound? Do they have stitches, are these dissolvable? Can my child have a shower or bath? What signs do I need to look for which may require me to seek help or further advice?)

WHEN TO SEEK FURTHER HELP AND ADVICE

It maybe helpful to ask the team caring for your child if there are any signs or symptoms you should look for that may require further advice or help. Ask who you should contact if you are worried once you are at home?

FOLLOW UP APPOINTMENTS

Who will see my child after they have gone home? (Think about community nurses, hospital appointments, patient initiated follow up (PIFU), GP, physiotherapy, OT)

RETURN TO SCHOOL / NURSERY

When can my child return to school / nursery? Are there any restrictions on their return or anything I should tell the teacher / nursery to observe?

RETURN TO PLAY / SPORTS

Are there any restrictions around return to play and sports? Think about types of play/sport your child likes to do.

IS THERE ANYTHING ELSE YOU ARE WORRIED ABOUT?